

January 2025



*Part of the Mohawk Trail
Regional School System.*

Breakfast served
everyday.
Salad Bar Option
Available

**Jennifer Shaw
Cafe Manager
Heather Mack
Café Assistant**

Apply for free/reduced
priced meals at any time.

Phone: 413-625-2521
Fax: 413-625-2034

Although we strive to
provide exactly what is
on our printed menus
they are subject to
change due to
supply shortages or
other unforeseeable
events. Thank you for
your
Understanding

The USDA and this
institution are equal
opportunity providers
and
employers



1

No School

2

**Spaghetti
W/ Meat Sauce**

WG Roll
Mixed Vegetables
Fruit
Milk

No Salad Bar

3

**Turkey
Sandwich**

Cheese, Lettuce & Tomato
Three Bean Salad
Fruit
Milk

No Salad Bar

6

Cheese Pizza

Broccoli
Fruit
Milk

7

Hot Dogs

WG Bun
Baked Beans
Carrot and Celery
Fruit
Milk

8

**Warm
Ham & Cheese**

On Croissant
Baked Chips
Carrots & Celery
Fruit
Milk

9

**Chicken
Parmesan**

WG Pasta
Peas
Fruit
Milk

10 **Chicken Nuggets**

WG Roll
Fries
Carrots
Fruit

13

Hamburger

Cheese, Lettuce & Tomato
Fries
Fruit
Milk

14 **Grilled Cheese
Sandwich**

Tomato Soup
Carrots & Celery
Hummus
Fruit
Milk

15 **Cheese Ravioli**

WG Roll
Broccoli
Fruit
Milk

16

**Ham & Cheese
Sandwich**

Lettuce & Tomato
Three Bean Salad
Fruit
Milk

17

Nachos

WG Chips
Cheese, Lettuce & Tomato
Refried Beans
Fruit
Milk

Release 1:50

20

No School

**Martin Luther
King
Day**

21 **Turkey Gravy**

WG Roll
Mashed Potato
Green Beans
Fruit
Milk

22

Breadsticks

Marinara Sauce
Broccoli
Fruit
Milk

23

Soft Taco

WG Tortilla
Cheese, Lettuce & Tomato
Refried Beans
Fruit
Milk

24

**Bologna
Sandwich**

Baked Chips
Three Bean Salad
Fruit
Milk

Release 1:50

27 **Mac N Cheese**

WG Roll
Green Beans
Fruit
Milk

28 **Meatball Sub**

Baked Chips
Carrots & Celery
Fruit
Milk

29 **Chicken Patty
Sandwich**

Fries
Carrots & Celery
Fruit
Milk

30

**Pulled Pork
Sandwich**

Baked Chips
Carrots & Celery
Hummus
Fruit
Milk

31 **Baked Potato**

WG Roll
Chili & Cheese
Broccoli
Fruit
Milk