



*Part of the Mohawk Trail  
Regional School System.*

Breakfast served  
everyday.

Salad Bar Lunch  
Option Available

**Jennifer Shaw  
Cafe Manager  
Heather Mack  
Café Assistant**

Apply for free/reduced  
priced meals at any time.

Phone: 413-625-2521  
Fax: 413-625-2034

Although we strive to  
provide exactly what is  
on our printed menus  
they are subject to  
change due to  
supply shortages or oth-  
er unforeseeable events.  
Thank you for your  
Understanding

The USDA and this  
institution are equal  
opportunity providers  
and  
employers

<p><b>2</b> <b>No School</b>  <b>Labor Day</b></p>	<p><b>3 WG Breadstick</b> Filled with Cheese Marinara Sauce Carrots Fruit Milk</p>	<p><b>4 Grilled Cheese Sandwich</b> Tomato Soup Broccoli Fruit Milk</p>	<p><b>5 Bologna Sandwich</b> Baked Chips Carrots &amp; Celery Hummus Fruit Milk</p>	<p><b>6 Chicken Patty Sandwich</b> Fries Green Beans Fruit Milk</p>
<p><b>9 Hot Dogs</b> WG Bun Baked Beans Carrot and Celery Fruit Milk</p>	<p><b>10 Soft Taco</b> WG Tortilla Cheese, Lettuce &amp; Tomato Refried Beans Fruit Milk</p>	<p><b>11 Warm Ham &amp; Cheese On a Croissant</b> Baked Chips Carrots &amp; Celery Fruit Milk <b>No Salad Bar</b></p>	<p><b>12 Meatball Sub</b> Baked Chips Corn Fruit Milk</p>	<p><b>13 Turkey Gravy</b> Mashed Potato WG Roll Mixed Veggies Fruit Milk</p>
<p><b>16 Pulled Pork Sandwich</b> Baked Chips Carrots &amp; Celery Hummus Fruit Milk</p>	<p><b>17 Spaghetti W/ Meat Sauce</b> WG Roll Garden Side Salad Fruit Milk</p>	<p><b>18 Chicken Nuggets</b> Fries WG Roll Carrots Fruit Milk <b>Release 1:50</b></p>	<p><b>19 Nachos</b> WG Chips Cheese, Lettuce &amp; Tomato Refried Beans Fruit Milk</p>	<p><b>20 Cheese Pizza</b> Garden Side Salad Fruit Milk</p>
<p><b>23 Hamburger</b> Cheese, Lettuce &amp; Tomato Fries Fruit Milk</p>	<p><b>24 Chicken Parmesan</b> WG Pasta Peas Fruit Milk</p>	<p><b>25 Cheese Breadstick</b> Marinera Sauce Green Beans Fruit Milk <b>Release 1:50</b></p>	<p><b>26 Baked Potato</b> WG Roll Chili &amp; Cheese Broccoli Fruit Milk</p>	<p><b>27 Mac N Cheese</b> WG Roll Garden Side Salad Fruit Milk</p>
<p><b>30 Turkey Sandwich</b> Baked Chips Carrots &amp; Celery Hummus Fruit Milk <b>No Salad Bar</b></p>				